



*Rehab and  
Fitness Center*



## *quality Care*

We believe that all our residents deserve to be treated with respect and dignity. Naomi Heights realizes that each of our residents has individual needs, and we specialize in providing the care necessary to fulfill these needs.

Our interdisciplinary team works together with each resident's doctor and associated health care professionals to develop a plan of care tailored to meet the specific needs of each resident. This plan of care is implemented by a dedicated, professional staff trained to the highest standards of excellence, yet sensitive to the emotional needs of our residents. At Naomi Heights Nursing & Rehabilitation Center, you will find *Quality Care and Superior Service*.

## *a truly Exceptional place*

Naomi Heights Nursing & Rehabilitation Center, LLC is conveniently located just minutes away from CHRISTUS Cabrini & Rapides Medical Centers, numerous doctors' offices and the offices of other health care professionals. The warm and friendly atmosphere experienced here reflects the long tradition of quality care that was begun long ago by F. C. & Annie Mae Matthews...a tradition based upon our belief that what counts most in a nursing facility is resident care. At Naomi Heights we know that quality resident care is no accident. It is the result of thorough training, hard work, and constant supervision. It is also the result of a team of professionals committed to providing the very best in quality care. Our facility is one of Louisiana's most innovative leaders in quality long term care and often exceeds the expectations one might have of a nursing facility. Naomi Heights is continually working to upgrade and improve its services as evidenced by being the first facility in our area to have an in-house nurse practitioner, leading our profession in electronic medical records, or simply by adding computer systems that are physically interactive and mentally engaging for our residents. Our amenities include carpeted private and semi-private suites, arts & crafts center, our beautiful in-house chapel, in-house rehabilitation and fitness center, and multiple day rooms ideal for a quiet afternoon show, a lively LSU ballgame, or an evening of cards or dominoes. Our rehabilitation programs, including physical, speech, and occupational therapy, offer our residents the opportunity of returning to their greatest degree of independence based on a plan of care tailored to the specific needs of each resident. Our Physical Therapists help restore the range of motion, balance, strength, coordination, and functional mobility that allows our patients to improve the quality of their lives. Our Speech Therapists evaluate and rehabilitate swallowing disorders, language, speech, written and spoken verbal communication and verbal memory problems. Our Occupational Therapy team evaluates and provides training in activities of daily living such as feeding, dressing, bathing and meal preparation. At Naomi Heights Nursing & Rehabilitation Center, we are committed to *IMPROVING QUALITY OF LIFE*.



## **Central Management Company<sup>LLC</sup>**

is passionate about its mission to *IMPROVE QUALITY OF LIFE*. Beginning in 1962 with Autumn Leaves in Winnfield, we are a local company that operates nursing facilities, home care agencies, and rehabilitation services across Louisiana and has over fifty years of experience in long term care. Central Management continues to earn the respect of its peers in the medical community, as well as residents and their families. While each facility is unique, having its own personality and character, all are bound together by a corporate philosophy and commitment. We emphasize and value quality care and superior service in all our facilities throughout the state. Our commitment to *IMPROVING QUALITY OF LIFE* is not a passing fad or empty slogan. It is found in every facility, in every administrator and in every department.

At Central Management Company we take our responsibility to be good stewards seriously and put our resources where our priorities are. We believe in continuous staff development and training, substantial reinvesting in upgrading (or rebuilding) our facilities, and adding cutting edge technology to provide the very best services to our customers. We believe our staff makes the difference. They are first in line to partner with state agencies and trusted vendors to test and evaluate new procedures and services and have served on many boards and committees throughout the state including the Louisiana Nursing Home Association, Louisiana Board of Examiners for Nursing Facility Administrators, LEADER (Culture Change), the Home Care Association of Louisiana, and numerous local and civic organizations. Our supervisors and administrators expect more than mere technical compliance with governmental rules and regulations. They lead a team sensitive to the social and emotional needs of the residents. Consequently, our employees know more than their job - they know the importance of a kind word, a gentle touch, and the healing power of a smile. Our staff is passionate about *IMPROVING QUALITY OF LIFE*.



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*improving  
QUALITY  
of LIFE*

# a major Milestone

Choosing a comfortable environment for a relative, friend, or even yourself isn't always an easy task. At Naomi Heights Nursing & Rehabilitation Center, we are very aware of this, and we realize this major milestone is an important event in your life.

Maintaining a strong tie to home, family and friends is of great importance to you and to us! It is our firm belief that the quality of life is as important as the quality of care. Naomi Heights is indeed committed to *IMPROVING QUALITY OF LIFE.*



Arts and crafts



Library

## Testimonials

I consider Naomi Heights to be my home away from home. I have many new friends here and we enjoy all the great activities.

*Sylvia R.*

Very caring facility! Great nurses! Good food! Good CNA's! Very Clean Facility!

*Thelmalene D.*

I like living at Naomi Heights because the meals are excellent and the staff truly cares about us. Our nursing home is very nice and decorated beautifully. It is a pleasant environment.

*Iley B.*

My wife and I have found a home away from home. They have great food, great care, and fun activities with lots of love to share with everyone.

*Bobby A.*



## Quality living

Our activity director carefully plans exciting and fun-filled events for everyone, whether it's an old favorite or a new adventure. Activities such as socializing with friends, old and new, attending religious services, pursuing hobbies and taking van trips enrich our residents' quality of living. All of our activities are geared toward maintaining independence and a high quality of living for each resident.

Chapel services



## our Values

### Faith in God

We believe that obedience to God is best measured by our service to others, and the wise stewardship of our human and capital resources.

### Teamwork

We are committed to selecting and developing a professional team of caregivers that is passionate about quality resident care.

### Quality Care

We will strive to achieve the highest quality of personalized care possible for each resident delivered with kindness, sensitivity and compassion.

### Integrity

We will adhere to the highest standards of honesty and character, worthy of the trust placed in us.

### Commitment

We will never stop working to improve our care and services and remain committed to providing our residents the very best in quality care and superior service.

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## Meal time

is always a special time at Naomi Heights. Nutritious and appealing food, combined with good company, makes every meal an enjoyable experience. Our staff is always available to assist those who need help.

## our Services include

- Licensed Nurses & Certified Nursing Assistants (24 Hours a Day, 7 Days a Week)
- Religious Services Provided In-House By Various Local Churches
- Chaplain Services - Marketplace Chaplains
- Beauty Salon/Barber Shop
- Laundry Services
- Arts & Crafts Center
- Planned Activities & Social Events
- Interactive Resident Computer System
- Regular Physician Visits
- In-House Nurse Practitioner
- Physical, Speech & Occupational Therapy Provided In Our Rehabilitation & Fitness Gym
- Electronic Medical Records
- Hospice Care
- Respite Care
- Therapeutic Whirlpool Baths
- Private And Semi Private Suites
- Diets & Meals Monitored By A Registered Dietician (Selected Menus And Special Diets Always Available)
- Home Style Meals With Soups/Salads
- Transportation Available
- Multiple Day Rooms
- Free Internet Access
- Beautifully Landscaped Grounds With Multiple Pathways
- Special Security For Wandering Residents (Secure Care)
- Camera System
- Large Capacity Emergency Generator To Power The Entire Facility During Emergencies
- Sister Facilities Throughout Louisiana In Case Of Evacuation
- Medicare Certified
- Medicaid Certified
- VA Certified
- Proud Supporter of LEADER (Culture Change)
- Member of LA Nursing Home Association
- Member of American Health Care Association

